DANIEL E. LUNGREN, Attorney General of the State of California RICHARD AVILA, 2 Deputy Attorney General CALIFORNIA DEPARTMENT OF JUSTICE 3 300 South Spring Street, #5212-North Los Angeles, California 90013 Telephone: (213) 897-6804 5 Attorneys for Complainant 6 7 BEFORE THE 8 MEDICAL BOARD OF CALIFORNIA 9 DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA 10 11 In the Matter of the Accusation ) No. D-5090 and P-148 Against: 12 OAH No. L-59025 CARLA HELEN TORRES, 13 DEFAULT DECISION Physician and Surgeon Certificiate No. A-41438 14 15 Respondent. 16 17 FINDINGS OF FACT 18 1. Respondent, Dr. Carla Helen Torres, M.D., has been 19 charged with violations of the Business and Professions Code 20 (hereinafter "Code") as it relates to the exercise of Physician 21 and Surgeon Certificate Number A-41438 which is subject to 22 adverse disciplinary action by virtue of the filing of Accusation 23 Number D-5090, as supplemented. 24 The Accusation, Statement to Respondent, Request 25 for Discovery, Notice of Defense form, and photostatic copies of 26 Government Code sections 11507.5, 11507.6 and 11507.7 were served

on respondent by certified mail directed to her attorney of

record on January 28, 1993, in accordance with Government Code section 11505, subdivision (c).

- 3. A Supplemental Accusation, Supplemental Statement to Respondent, Request for Discovery, and photostatic copies of Government Code sections 11507.5, 11507.6 and 11507.7 were served on respondent by certified mail directed to her attorney of record on March 12, 1993.
- 4. On December 18, 1992, a Notice to Licensee and Petition to Compel Psychiatric Examination in Case Number P-148 was personally served on respondent. Respondent, through her counsel, presented a written response to the Petition on or about December 23, 1992.
- 5. On December 18, 1992, an interim suspension order was entered against respondent's certificate pursuant to Government Code section 11529 pending a further hearing on the application for interim suspension. The hearing date was set for January 7, 1993. On the same date, respondent was personally served with notice of the hearing scheduled for January 7, 1993.
- 6. On January 7, 1993, respondent, who was present with counsel at the hearing on the interim suspension application, did not contest the interim suspension. Through mutual agreement of the parties, the ex parte suspension order was continued to February 17, 1993 so that respondent could be examined by a psychiatrist appointed by the Board.
- 7. On January 9, 1993, the Board issued an Order Compelling Psychiatric Examination in Case Number P-148 pursuant to Business and Professions Code section 820, and on January 13,

1993, served respondent with a copy thereof by certified mail directed to her last known address, as well as to the address of her counsel.

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- 8. On February 11, 1993, a written report regarding the status of respondent's mental health was forwarded to the Board. The report indicated a diagnosis of bi-polar disorder [DSM-III 296.6] and a prognosis of "guarded to poor."
- 9. On February 17, 1993, the interim suspension order was extended to March 17, 1993, pending a settlement conference. This order was again extended to allow the parties an opportunity to complete a stipulation for settlement.
- 10. By April 15, 1993, counsel for the parties agreed to and signed a proposed stipulation for settlement. This proposed settlement was transmitted to the Board on April 18, 1993.
- 11. On August 9, 1993, the Division rejected the proposed stipulation for settlement.
- 12. On August 23, 1993, the Board was informed that respondent had been arrested and charged with felony battery. The status of the criminal case remained unknown until February 1995. [Respondent's whereabouts remained unknown from the date of the arrest until the present date.]
- 13. On May 13, 1995, the Board was informed that respondent had been arrested and charged with another incident of felony battery.
- 14. On June 8, 1995, the Board was informed that the criminal court had issued a bench warrant for respondent's arrest

based on her failure to appear in court.

- 15. On July 25, 1995, the Board was informed that respondent had filed a consumer complaint against another physician, and had listed as her place of residence a street address in Alameda County.
- 16. The hearing on the Accusation, as supplemented, was scheduled for October 2, 1995. By August 28, 1995, and in compliance with Government Code section 11509, signed notice of hearing forms had been mailed to all of respondent's previously known addresses, including her address of record with the Board and her last known address in Alameda County.
- 17. On October 2, 1995, the hearing on the Accusation, as supplemented, was called into session. Respondent did not appear.
- 18. Government Code section 11520 provides, in pertinent part, as follows: "(a) If the respondent fails to . . . appear at the hearing, the agency may take action based upon respondent's express admissions or upon such other evidence and affidavits [as] may be used as evidence without any notice to respondent; . . .
- 19. Respondent has failed to appear at the hearing on the Accusation, as supplemented, scheduled for October 2, 1995.
- 20. The Medical Board of California, pursuant to Government Code section 11520, and based on the evidence before it, finds that respondent is in default and has waived her rights to a hearing to contest the allegations stated in Accusation Number D-5090, as supplemented. Accordingly, the Board exercises

its authority to consider and decide the said allegations, and as to them makes the following findings:

A. Complainant, Doug Laue, is the Acting Executive Director of the Board, and brings Accusation Number D-5090, as supplemented, solely in his official capacity.

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- B. On or about December 3, 1984, Physician and Surgeon Certificate Number A-41438 was issued to respondent. At all times relevant to the allegations presented in the Accusation, as supplemented, said Certificate has been in full force and effect.
- C. On or about February 8, 1992, respondent, while present at a psychiatric convention in Santa Ana, California, repeatedly disrupted the proceedings by loudly yelling at the speakers, cursing in the middle of lectures and barking like a dog and seal, which caused her to be seized by the local Psychiatric Assessment Team and transported to the Community Psychiatric Center of Santa Ana (hereinafter "CPC") for detention and observation under the provisions of Welfare and Institutions Code section 5150. While at the CPC, respondent refused all medications and rejected all efforts by the psychiatric staff to diagnose and treat her illness.
- D. On or about February 20 and 25, 1992, respondent was heard on habeas corpus in Case Number A162926 before the Superior Court of Orange County (Hon. James A. Jackman) regarding her detention under Welfare and Institutions Code section 5150. Expert psychiatric testimony by Dr. Thomas Graydon, M.D., yielded a diagnosis of "psychotic disorder" with

possible neurological impairment. When asked by the court to explain her behavior at the psychiatric convention, respondent implied that a personality other than her own, namely a Dr. Rene Lyons, was the individual with mental problems. However, because respondent demonstrated that she had a place to live and resources to care for herself, the psychiatric expert was unable to declare that she was "gravely disabled"—to support her continued hospitalization under section 5150, and thus the court was compelled by operation of law to grant her petition for a writ of habeas corpus and release her from protective custody.

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E. On or about March 20, 1992, a bullet was fired through the front wall of a business located at 13915 Panay Way in Marina Del Rey, California. The bullet was recovered from inside the business building. An investigation conducted by the Sheriff's Department of Los Angeles County produced the following factors which indicated that this bullet had been fired from respondent's bathroom window: (1) The one and a half inch hole found in respondent's window, through both the glass pane and screen, had small cracks around it. (2) Glass fragments were found outside the window track. (3) An expended shell casing was discovered in a patio located directly below respondent's apartment. Respondent denied owning any guns, but state records indicated that she owned three .45 caliber handguns. Respondent's suggestions that the shot could have been fired by her boyfriend and that her guns had been lost or stolen were either disproved or unsubstantiated. Following respondent's subsequent arrest on an unrelated matter, a .45 caliber handgun

seized from her possession was subjected to a ballistics hammer comparison test by the Scientific Services section of the Sheriff's Department with the result that respondent's handgun was identified as the gun which fired the shell casing recovered from the patio located beneath her apartment bathroom window.

- F. On or about April 10, 1992, respondent was arrested for violating Penal Code section 242 [battery] and 12021 [carrying a loaded weapon] while present at Culver City Nissan, a car dealership. Respondent was observed throwing a coffee pot and umbrella against a wall, driving her car against a showroom window, crashing into a parked vehicle, and then biting, hitting and scratching one of the salesmen who tried to stop her by pulling the key out of the car ignition. A search of her purse for identification by Culver City Police Officers resulted in the seizure of a .45 caliber, semi-automatic pistol with five silver tipped, hollow bullets in the magazine. Respondent claimed that she had a permit from the Hayward Police Department to carry a concealed weapon, but a check with that agency revealed that she did not.
- G. On or about April 30, 1992, respondent, while free on bail for the car dealership incident referred to in above subparagraph F, was subjected to a vehicle stop by Beverly Hills Police Officers for violating the special curfew effected in response to the civil riots in Los Angeles. It was determined at that time that respondent had an outstanding arrest warrant for her involvement in the Marina Del Rey shooting of March 20, 1992, which resulted in her being taken into custody.

H. On or about May 7, 1992, respondent walked into the Sheriff's substation in Marina Del Rey to file a burglary report regarding the theft of her vehicle medical title sticker. Sheriff's Deputies, recognized respondent as a fugitive, and noticed that a stun gun was attached to her purse. When one of the Deputies attempted to seize the purse and stun gun, respondent clawed at his hands with her fingernails, and kicked at his shins with her spiked heels. With the aid of another Deputy, respondent was physically subdued and taken into custody.

I. On or about May 13, 1992, a seven count criminal complaint was read against respondent in Case Number SA-010213 of the Municipal Court of Culver City, charging her with having violated Penal Code sections 246 [shooting at an occupied building, count I], 246.3 [discharging a firearm in a grossly negligent manner, count II], 12025, subd. (a) [carrying a concealed weapon, count III], 12031, subd. (a) [carrying a loaded weapon, count IV], 242 [battery, count V], and 243 [battery on a peace officer, counts VI and VII]. After pleading not guilty to all counts, respondent was taken to the Sybil Brand Institute for Women, accompanied by a court order that she be considered for medication. On May 21, 1992, respondent was held to answer on counts II, III, IV, VI and VII. [See above numbered subparagraph 18-E for facts underlying counts I and II; subparagraph 18-F for counts III, IV and V; and subparagraph 18-H for counts VI and VII.

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J. On or about May 27, 1992, in the Superior 1 Court of Los Angeles County (Hon. Robert Altman), Case Number 2 SA-010213, Dr. Kaushall K. Sharma, M.D., a psychiatrist, and Dr. 3 Michael P. Maloney, Ph.D., a psychologist, were appointed to evaluate respondent on the issue of her competency to stand On or about June 29, 1992, the Court, based on the written evaluations presented by Drs. Sharma and Maloney, found that respondent was not mentally competent to stand trial within the meaning of Penal Code sections 1367 and 1368 as a result of "paranoid schizophrenia." [Section 1367 reads: "A person cannot 10 be tried or adjudged to punishment while such person is mentally 11 incompetent. A defendant is mentally incompetent for purposes of 12 this chapter if, as a result of mental disorder or developmental 13 disability, the defendant is unable to understand the nature of 14 the criminal proceedings or to assist counsel in the conduct of a 15 defense in a rational manner." | Pursuant to Penal Code section 16 1370, respondent was remanded to the Sheriff for delivery to 17 Patton State Hospital, a mental health facility, for a period not 18 to exceed three years and six months, or until such time that the 19 medical director of the state hospital should verify that 20 respondent had regained mental competence. On or about August 3, 21 1992, respondent was admitted to Patton State Hospital, and a 22 progress report to the Court was scheduled to be submitted by 23 November 3, 1992. On August 31, 1992, respondent's petition for 24 25 a writ of habeas corpus was denied.

K. On or about December 21, 1992, respondent, following a plea of nolo contendere, was convicted of violating

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Penal Code section 246.3 [discharging a firearm with gross negligence]. All remaining counts were dismissed. Respondent was sentenced as follows: Imposition of sentence suspended, credit for time served in custody, and a three year probation.

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- L. On August 23, 1993, respondent was arrested for violating Penal Code section 245, subd. (a) [assault with a deadly weapon] after striking a 72-year-old man with a pole as he was walking on the street.
- M. On January 13, 1995, the charge involving the 72-year-old man was dismissed due to respondent's mental incompetence.
- N. On January 25, 1995, respondent's existing probation was revoked based on the violation involving the 72-year-old man, and a 2-year state prison sentence was imposed.
- O. On February 2, 1995, respondent was received at the California Department of Corrections, but on February 9, 1995 the California Department of Corrections released her from prison and placed her on parole.
- P. On February 28, 1995, respondent was detained by campus police at the University of California at Irvine, but was released.
- Q. On April 17, 1995, respondent was detained by campus police at the University of California at Irvine Medical Center pursuant to Welfare and Institutions Code section 5150.
- R. On May 13, 1995, respondent was charged with battery in Case Number 95NM04646 before the Municipal Court of North Orange County.

S. On June 8, 1995, a bench warrant was issued for respondent's arrest based on her failure to appear on the battery charge in Case Number 95NM04646.

# **DETERMINATION OF ISSUES**

- 1. Respondent is subject to the jurisdiction of the Board pursuant to sections 490, 820, 822, 826, 2004, 2220, 2227, 2234 and 2236 of the Business and Professions Code.
- 2. Service of Accusation Number D-5090 and related documents was proper.
- 3. Respondent has subjected her certificate to disciplinary action by the Board's Division of Medical Quality pursuant to Business and Professions Code sections 490, 822, 2227, 2234 and 2236 in that she is incompetent to practice the profession by reason of mental impairment.
- 4. Respondent's certificate is subject to disciplinary action by default pursuant to Government Code sections 11506 and 11520.

## ORDER OF THE BOARD

- 1. Physician and Surgeon Certificate Number A-41438 heretofore issued to respondent, Carla Helen Torres, is hereby revoked.
- 2. Respondent shall not be deprived of making any showing by way of mitigation; however, such showing must be made to the Medical Board of California, 1426 Howe Avenue, Suite 100, Sacramento, California 95825-3236 prior to the effective date of this order.

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1	3. This order shall be effective on the $2^{9}$ th
2	day of December , 1995.
3	Dated and signed this 29th day of November
4	1995.
5	IT IS SO ORDERED.
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8	FOR THÉ MEDICAL BOARD OF CALIFORNIA DIVISION OF MEDI <del>CA</del> L QUALITY
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1	DANIEL E. LUNGREN, Attorney General of the State of California
2	RICHARD AVILA,
3	Deputy Attorney General California Department of Justice
4	300 South Spring Street, 10th Floor Los Angeles, California 90013
5	Telephone: (213) 897-2578
6	Attorneys for Complainant
7	
8	BEFORE THE
9	DIVISION OF MEDICAL QUALITY MEDICAL BOARD OF CALIFORNIA
10	DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA
11	In the Matter of the Accusation ) No. D-5090
12	Against: )
13	CARLA HELEN TORRES ) ACCUSATION 1445 So. Reeves Street, No. 207 )
14	Los Angeles, California 90035 )
15	Physician and Surgeon ) Certificate No. A 41438,
16	Respondent. )
17	/
18	COMES NOW DIXON ARNETT, complainant herein, and as
19	cause for disciplinary action alleges as follows:
20	<u>PARTIES</u>
21	1. Complainant is the Executive Director of the
22	Medical Board of California (hereinafter "Board"), Division of
23	Medical Quality (hereinafter "Division") and files this
24	accusation solely in his official capacity.
25	2. On or about December 3, 1984, physician and
26	surgeon license number A 41438 was issued by the Board to Carla
27	Helen Torres (hereinafter "respondent"), and at all times

relevant to the charges brought herein, said license has been in full force and effect.

#### JURISDICTION

- 3. This accusation is brought under the authority of the California Business and Professions Code (hereinafter "Code").
- 4. Code sections 2004, 2220, 2227, 2234 and 2236 provide that the Division is charged with the responsibility of the administration and hearing of disciplinary actions which may result in the revocation or suspension of a practitioner's license.
- 5. More specifically, Code section 2234 provides that the Division shall take action against any licensee who is charged with <u>unprofessional conduct</u>. Unprofessional conduct includes, but is not limited to, the following:
  - "(d) Incompetence.
- "(e) The commission of any act involving . . . corruption which is substantially related to the qualifications, functions, or duties of a physician and surgeon.
- "(f) Any action or conduct which would have warranted the denial of a certificate."
- 6. Code section 2236, subdivision (a), states, in pertinent part, as follows: "The conviction of any offense substantially related to the qualifications, functions, or duties of a physician and surgeon constitutes unprofessional conduct . .

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Pursuant to Code section 2018, the Division has 7. 1 adopted "Medical Practice Regulations" [see Title 16, Ch. 13, 2 3 \$1300, et. seq., Cal. Code of Reqs.], within which section 1360 4 states, in pertinent part, as follows: "For the purposes of 5 denial, suspension or revocation of a license, certificate or 6 permit pursuant to Division 1.5 (commencing with Section 475) of the [Business and Professions] Code, a crime or act shall be considered to be substantially related to the qualifications, 8 functions or duties of a person holding a license, certificate or 9 permit under the Medical Practice Act if to a substantial degree 10 it evidences present or potential unfitness of a person holding a 11 license, certificate, or permit in a manner consistent with the 12 13 public health, safety or welfare . . . ." (Emphasis added.)

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- 8. Code section 822 states, in pertinent part, as follows: "If a licensing agency determines that its licentiate's ability to practice his or her profession safely is impaired because the licentiate is mentally ill. . ., the licensing agency may take action by any one of the following methods:
  - "(a) Revoking the licentiate's certificate or license.
  - "(b) Suspending the licentiate's right to practice.
  - "(c) Placing the licentiate on probation.
- "(d) Taking such other action in relation to the licentiate as the licensing agency in its discretion deems proper. . . ."  $\,$
- 9. As in the case of accusations brought against a licentiate by the Division [see Code, §§ 2230-2234], Code section 826 provides that proceedings under section 822 shall be

conducted in accordance with Chapter 5 (commencing with Section 11500) of Part 1 of Division 3 of Title 2 of the Government Code (i.e., Administrative Procedure Act).

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10. Code section 490 states, in pertinent part, as follows: "A board may suspend or revoke a license on the grounds that the licensee has been convicted of a crime, if the crime is substantially related to the qualifications, functions, or duties of the . . . profession for which the license was issued. . . . A conviction within the meaning of this section means a plea or verdict of guilty or a conviction following a plea of nolo contendere. Any action which a board is permitted to take following the establishment of a judgment of conviction may be taken when . . . an order granting probation is made suspending the imposition of sentence, irrespective of a subsequent order under the provisions of Section 1203.4 of the Penal Code."

## FIRST CAUSE OF ACTION

under Code sections 822 and 2234, subdivisions (d), (e) and (f), as well as Regulations section 1360, in that since August 1991, she has manifested an increasingly destabilizing mental illness (i.e., psychosis), through repeated acts of violence and bizarre behavior, which, according to expert psychiatric opinion provided at two separate judicial proceedings, continues to undermine her competency to function at a minimal level of cognitive understanding, and in a manner consistent with preserving her own health and safety as well as the health and safety of others, especially those individuals who may come to rely on her

possession of a medical license for care and treatment. The circumstances are listed as follows:

A. On or about August 12, 1991, respondent was arrested in Oakland, California, for violating Penal Code sections 415, disturbing the peace, and 148, resisting arrest, which resulted when, as a passenger on Alaska Airlines Flight 175, she verbally abused and threatened members of the flight crew, refused two requests to leave the airplane passenger compartment, and engaged in screaming and flailing her arms and legs when physically escorted off the airplane by an Oakland police officer.

- B. On or about October 2, 1991, respondent reported to the Los Angeles County Sheriff's Department that she had been raped and rendered unconscious by a masked gunman outside of her apartment, located in Marina Del Rey, California, but then refused to cooperate with the law enforcement officials investigating the incident.
- C. On or about February 8, 1992, respondent, while present at a psychiatric convention in Santa Ana, California, repeatedly disrupted the proceedings by loudly yelling at the speakers, cursing in the middle of lectures, and barking like a dog and seal, which caused her to be seized by the local Psychiatric Assessment Team and transported to the Community Psychiatric Center of Santa Ana (hereinafter "CPC") for detention and observation under the provisions of Welfare and Institutions Code section 5150. While at the CPC, respondent refused all

medications and rejected all efforts by the psychiatric staff to diagnose and treat her illness.

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E. On or about March 20, 1992, a bullet was fired through the front wall of a business located at 13915 Panay Way in Marina Del Rey, California. The bullet was recovered from inside the business building. An investigation conducted by the Sheriff's Department of Los Angeles County strongly indicated that this bullet had been fired from respondent's bathroom window. The one and a half inch hole found in respondent's window, through both the glass pane and screen, had small cracks

around it; moreover, glass fragments were found outside the window track, and an expended shell casing was discovered in a patio located directly below respondent's apartment; factors supporting the conclusion that the gunshot had been fired from within respondent's home. Respondent denied owning any guns, even though state records showed that three .45 caliber handguns were registered in her name. Respondent's suggestions that the gunshot could have been fired by her ex-boyfriend, or that the registered guns had either been sold or stolen, were either disproved or found unsupportable. Following respondent's subsequent arrest on an unrelated matter, a .45 caliber handgun seized from her possession was subjected to a ballistics hammer comparison test by the Scientific Services Section of the Sheriff's Department with the result that respondent's handgun was identified as the gun which fired the shell casing recovered from the patio located beneath her apartment bathroom window.

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F. On or about April 10, 1992, respondent was arrested for violating Penal Code sections 242, battery, and 12021, carrying a concealed, loaded weapon, while present at Culver City Nissan, a car dealership, located at 8840 Washington Boulevard in Culver City, California. Respondent was observed throwing a coffee pot and umbrella against a wall, driving her car against a showroom window, crashing into a parked vehicle, and then biting, hitting and scratching one of the salesmen who tried to stop her by pulling the key out of her car ignition. A search of her purse for identification by the Culver City Police Officers who arrived on the scene resulted in the seizure of a

.45 caliber, semi-automatic pistol with five silver tipped hollow bullets in the magazine. Respondent claimed that she had a permit from the Hayward Police Department to carry a concealed weapon, but a check with that agency revealed that she did not.

- G. On or about April 30, 1992, respondent, while free on bail for the car dealership incident referred to in above subparagraph F, was subjected to a vehicle stop by Beverly Hills Police Officers for violating the special curfew effected in response to the civil riots in Los Angeles. It was determined at that time that respondent had an outstanding arrest warrant for her involvement in the Marina Del Rey shooting of March 20, 1992. Respondent was taken into custody.
- H. On or about May 7, 1992, respondent walked into the Sheriff's substation in Marina Del Rey to file a burglary report regarding the theft of her vehicle medical title sticker. Sheriff's Deputies, recognized respondent as a fugitive, and noticed that a stun gun was attached to her purse. When one of the Deputies attempted to seize the purse and stun gun, respondent clawed at his hands with her fingernails, and kicked at his shins with her spiked heels. With the aid of another Deputy, respondent was physically subdued and taken into custody.
- I. On or about May 13, 1992, a seven count consolidated criminal complaint was read against respondent in Case Number SA-010213 of the Municipal Court of Culver City, charging her with having violated Penal Code sections 246, shooting at an occupied building (count I), 246.3, discharging a firearm in a grossly negligent manner (count II), 12025,

subdivision (a), carrying a concealed weapon (count III), 12031, subdivision (a), carrying a loaded weapon (count IV), 242, battery (count V), and 243, battery on a peace officer (counts VI and VII). After pleading not guilty to all counts, respondent was taken to the Sybil Brand Institute for Women, accompanied by a court order that she be considered for medication. On May 21, 1992, respondent was held to answer on counts II, III, IV, VI and VII of the complaint. [See above numbered paragraph 11-E for facts underlying counts I and II; paragraph 11-F for counts III, IV and V; and paragraph 11-H for counts VI and VII.]

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On or about May 27, 1992, in the Superior Court of Los Angeles (Hon. Robert Altman), Case Number SA-010213, Dr. Kaushall K. Sharma, M.D., a psychiatrist, and Dr. Michael P. Maloney, Ph.D., a psychologist, were appointed to evaluate respondent on the issue of her capacity to stand trial. On or about June 29, 1992, the Court, based on the written evaluations presented by Drs. Sharma and Maloney, found that respondent was not mentally competent to stand trial within the meaning of Penal Code sections 1367 [i.e., "A person cannot be tried or adjudged to punishment while such person is mentally incompetent. A defendant is mentally incompetent for purposes of this chapter if, as a result of mental disorder or developmental disability, the defendant is unable to understand the nature of the criminal proceedings or to assist counsel in the conduct of a defense in a rational manner."] and 1368. Pursuant to Penal Code section 1370, respondent was remanded to the Sheriff for delivery to Patton State Hospital, a mental health facility, for a period not

to exceed three years and six months, or until such time that the medical director of the state hospital should verify that respondent has regained mental competence. On or about August 3, 1992, respondent was admitted to Patton State Hospital, and a progress report to the Court was scheduled to be submitted by November 3, 1992. On August 31, 1992, respondent's petition for a writ of habeas corpus was denied.

- K. Additional circumstances are documented in a declaration by Karyn Collins, an investigator for the Medical Board, who interviewed various eyewitnesses and examined court documents with the following results:
  - 1. On or about June 9, 1992, Linda Standaart stated that she managed the apartment where respondent resided, and that during this period observed respondent spitting in the hallways, walking around in a daze and mumbling to herself.
  - 2. On or about June 10, 1992, Dr. Morton Brenner, M.D., a psychiatrist, stated that he observed respondent during her confinement in the CPC during February 1992, and formed the opinion that she posed a potential danger to herself and others.
  - 3. On or about June 10, 1992, Dr. Thomas Graydon, M.D., a psychiatrist, stated that he examined respondent at the CPC, and formed the opinion that she was psychotic, paranoid and delusional, and posed a potential danger to her patients. He also stated that respondent was ordered released from the CPC by the Superior Court based, in part,

on her agreement to see a psychiatrist on an outpatient basis.

- 4. On or about June 12, 1992, a confidential informant stated that respondent had been her neighbor, and that during that time she had observed respondent scream and talk to herself in their apartment hallway, issue threats to an elderly neighbor and make bizarre statements (e.g., "Have your wife's tits grown any larger, because one of them is mine.")
- 5. On or about June 18, 1992, Judge James A. Jackman of the Superior Court in Orange County stated that he had presided over the hearing regarding respondent's habeas petition against CPC, a type of case which he routinely handled, and concluded based on his broad experience in the area of mental health related litigation that respondent was psychotic when she appeared before him.
- 6. On or about August 17, 1992, Ruth Sherwood stated that she was the Administrative Director of Mental Health Services at the Valley Hospital Medical Center during the brief period (i.e., January 1992) that respondent was granted temporary privileges there, and that she observed respondent acting psychotic (i.e., delusions of grandeur, rambling speech, tangentiality, loose association, inability to make eye contact).
- 7. On or about August 17, 1992, Janet Hoffberg stated that she was the Medical Staff Coordinator at Coldwater Canyon Hospital during the approximately six to

eight month period that respondent enjoyed privileges there (i.e., June 1991 to February 1992), and that she observed respondent engage in odd behavior (i.e., exaggerated secrecy and defensiveness).

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- On or about August 21, 1992, Dr. David Foos, 8. M.D., stated that he was the Executive Medical Director at the Coldwater Canyon Hospital during the approximately three to six month period when respondent enjoyed temporary privileges there, and that he observed respondent neglect her patients by not attending to them and abandoning them without making appropriate arrangements for their continued care by a substitute psychiatrist, and engaging in the unorthodox practice of attending her patients very late at He also stated that he observed respondent spitting during a staff meeting. He further stated that these observations, plus complaints leveled against respondent by other members of the medical staff, resulted in the termination of respondent's temporary privileges at Coldwater Canyon Hospital.
- 9. On or about September 4, 1992, an examination of respondent's trial file in Case Number SA-010213, before the Superior Court of Santa Monica, revealed the presence of two written evaluations of respondent's mental health, one by Dr. Kaushal Sharma, M.D., a psychiatrist, and the other by Dr. Michael Maloney, Ph.D., a psychologist. Both evaluations concluded that respondent was impaired by a condition diagnosed as "paranoid schizophrenia."

#### SECOND CAUSE OF ACTION

12. Respondent is subject to disciplinary action under Code sections 2236 and 490 in that on or about December 7, 1992, following her change of plea to nolo contendere, in return for the dismissal of all other charged offenses in Los Angeles Superior Court Case Number SA-010213, (see above numbered paragraph "11-I"), she incurred a felony conviction for having violated Penal Code section, 246.3 [Discharge of Firearm with Gross Negligence], an offense substantially related to the qualifications, functions and duties of a physician and surgeon, and was sentenced to serve 270 days in jail (i.e., time served) and comply with probationary terms and conditions for a period of three years, among which were included requirements for psychiatric counseling, compliance with prescribed medication treatment, and outpatient enrollment at Cedar Sinai Hospital. Probation was imposed following the suspension of imposition of sentence.

#### PRAYER

- 13. WHEREFORE, complainant prays that a hearing be held on the matters alleged herein, and following said hearing the Division issue a decision:
- A. Revoking or suspending certificate number A41438, previously issued to Carla Helen Torres, M.D.; and

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1	B. Taking such other and further action as the
2	Division deems proper.
3	DATED: January 28, 1993
4	^ .
5	V) . / 44
6	DIXON ARNETT
7	Executive Director Division of Medical Quality Medical Board of California
8	Medical Board of California
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1	DANIEL E. LUNGREN, Attorney General
2	of the State of California RICHARD AVILA,
3	Deputy Attorney General California Department of Justice
4	300 South Spring Street, 10th Floor Los Angeles, California 90013
5	Telephone: (213) 897-2578
6	Attorneys for Complainant
7	· · · · · · · · · · · · · · · · · · ·
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8	BEFORE THE DIVISION OF MEDICAL QUALITY
9	MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS
10	STATE OF CALIFORNIA
11	In the Matter of the Accusation ) No. D-5090 Against:
12	CARLA HELEN TORRES FIRST SUPPLEMENTAL
13	1445 So. Reeves Street, No. 207 ) ACCUSATION Los Angeles, California 90035 )
14	Physician and Surgeon
15	Certificate No. A-41438,
16	Respondent.
17	<b></b> )
18	Complainant, Dixon Arnett, alleges a new and separate
19	cause of discipline as follows:
20	PARTIES PARTIES
21	1. He is the Executive Director of the Medical Board
22	of California (hereinafter "Board"), Division of Medical Quality
23	(hereinafter "Division"), and through his counsel, California
24	Attorney General Daniel E. Lungren and Deputy Attorney General
25	Richard Avila, files this First Supplemental Accusation solely in
26	his official capacity.
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- 2. On or about December 3, 1984, Physician and Surgeon Certificate No. A-41438 was issued by the Board to Carla Helen Torres, M.D. (hereinafter "respondent") and at all times relevant to the charges brought herein said license has been in full force and effect.
- 3. On December 18, 1992, the Office of Administrative Hearings (per ALJ Dash), following confirmation that a Petition for Interim Order to Suspend Physician and Surgeon Certificate Number A-41438 had been personally served on respondent, issued an Ex Parte Order of Interim Suspension in Case Number L-59025 prohibiting respondent from practicing medicine until an evidentiary hearing could be conducted pursuant to Government Code sections 11529(c) and (d).
- 4. Also on December 18, 1992, a Notice to Licensee and Petition to Compel Psychiatric Examination in Case Number P-148 was personally served on respondent. Respondent, through her counsel, Garrett J. Zelen, presented a written response to the Petition on or about December 23, 1992.
- 5. On January 7, 1993, respondent, through her counsel, Nina Marino, Esq., agreed to the continuation of the interim order of suspension pending her psychiatric examination by an examiner selected by the Board.
- 6. On January 9, 1993, the Board issued an Order Compelling Psychiatric Examination in Case Number P-148 pursuant to Business and Professions Code section 820, and on January 13, 1993, served respondent with a copy thereof by certified mail

directed at her last known address, as well as to the address of her counsel, Nina Marino, Esq.

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- 7. On January 28, 1993, an Accusation against respondent was filed in Case Number D-5090 based on the contentions underlying both the Petition for Interim Order to Suspend (Case No. L-59025) and Petition to Compel Psychiatric Examination (Case No. P-148), and was served on respondent by certified mail directed to her counsel, Nina Marino, Esq.
- 8. On February 1, 1993, respondent, through her counsel, Nina Marino, Esq., filed a Notice of Defense to the Accusation.
- On February 4, 1993, respondent underwent a two 9. and one half hour examination by Dr. Richard G. Ness, M.D., an Assistant Clinical Professor of Psychiatry at the U.C.L.A. Neuropsychiatric Institute, the examiner designated by the Board to carry out its Order of January 9, 1993. The examination consisted of a personal interview with respondent, administration of a standardized psychological test (i.e., M.M.P.I.), and a review of all documents attached to the Petition to Compel Psychiatric Examination as exhibits, as well as those documents provided by respondent (i.e., Treatment Records from the Los Angeles County Department of Mental Health/Jail Health Services authenticated by Dr. Gene Kunzman; a letter of recommendation from Dr. Len Bergantino, E.D., dated 12-1-92; Patton State Hospital psychiatric discharge summary by Dr. Samuel Dey, Jr., M.D. dated 11-13-92; Treatment Planning Conference summary, Patton State Hospital, dated 8-11-92; Social History evaluation,

- 10. On or about February 11, 1993, Dr. Ness submitted his written psychiatric evaluation of respondent to the Board.

  [A copy thereof was transmitted to respondent's counsel on February 16, 1993.]
- 11. On February 17, 1993, the Office of Administrative Hearings (per ALJ Dash), following the stipulation thereto by the parties litigant, ordered that the interim suspension against Physician and Surgeon Certificate No. A-41438 remain in effect pending a settlement conference scheduled for March 17, 1993.

## **JURISDICTION**

- 12. This First Supplemental Accusation is brought under the authority of the California Business and Professions Code (hereinafter "Code").
- 13. Code sections 2004, 2220, 2227 and 2236 provide that the Division is charged with the responsibility of the administration and hearing of disciplinary actions which may result in the revocation or suspension of a practitioner's license.
- 14. More specifically, Code section 2234 provides that the Division shall take action against any licensee who is charged with unprofessional conduct which by definition includes incompetence.
- 15. Code section 2018 authorizes Regulations section 1360 (see Title 16, Ch. 13, § 1300 et seq., Cal. Code of Regs.), which subjects a practitioner's license to revocation or

- that any person holding a license, certificate, or permit under the Board may be unable to practice her profession safely because her ability to practice is impaired by a mental or physical illness affecting competency, the licensing agency may order the licentiate to be examined by one or more physicians and surgeons or psychologists designated by the agency. The report of the examiner(s) shall be made available to the licentiate and may be received as direct evidence in proceedings conducted pursuant to Code section 822.
- 17. Code section 822 states, in pertinent part, as follows: "If a licensing agency determines that its licentiate's ability to practice his or her profession safely is impaired because the licentiate is mentally ill . . ., the licensing agency may take action by any one of the following methods:
  - "(a) Revoking the licentiate's certificate or license.
  - "(b) Suspending the licentiate's right to practice.
  - "(c) Placing the licentiate on probation.
- "(d) Taking such action in relation to the licentiate as the licensing agency in its discretion deems proper. . . . "  $\,$

# **FACTUAL INFORMATION**

18. The written evaluation of respondent by Dr. Ness, dated February 11, 1993, provides the following information:

1	A. <u>Diagnosis</u> : Bipolar Disorder (Mixed, Manic-
2	Depressive Illness, DSM-III 296.6, controllable by oral lithium
3	dosage).
4	B. <u>Prognosis</u> : Guarded to poor.
5	C. <u>Conclusions</u> :
6	. 1. Respondent's disorder is in current remission
7	but she lacks acceptance of her illness and insight
8	into its ramifications.
9	2. Respondent's disorder, if left untreated,
10	deprives her of the competency necessary to practice
11	medicine.
12	3. Respondent, if she fails to take her
13	prescribed medication or if the medication should
14	become ineffective, poses a possible danger to herself
15	and others.
16	4. Respondent, to continue practicing medicine,
17	must participate as a patient in ongoing psychotherapy.
18	5. Respondent has a history of noncompliance
19	with prescribed psychiatric treatment, and poses a high
20	risk of absenting herself from prescribed medication
21	plans.
22	6. The nature of respondent's disorder is one of
23	unpredictability, relapse and likely regression to
24	psychotic states.
25	FIRST SUPPLEMENTAL CAUSE OF ACTION
26	19. Respondent is subject to discipline under Code

sections 820 and 822, in that on or about February 4, 1993, she

1	was compelled by the Board to undergo a psychiatric evaluation,
2	did undergo it, and, as summarized in above numbered paragraph
3	18, was found to be mentally ill from a bipolar disorder which
4	impairs her ability to practice medicine in a safe manner.
5	<u>PRAYER</u>
6	WHEREFORE, complainant requests that a hearing be held
7	on the matters alleged herein, as well as on the matters alleged
8	in the Accusation filed on January 28, 1993, and that following
9	said hearing, the Board issue a decision:
10	<ol> <li>Revoking or suspending Physician and Surgeon</li> </ol>
11	Certificate No. A-41438, heretofore issued to respondent Carla
12	Helen Torres; and
13	2. Taking such other and further action as the Board
14	deems proper.
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16	DATED: <u>March 12, 1993</u>
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18	DANIEL E. LUNGREN, Attorney General of the State of California
19	RICHARD AVILA, Deputy Attorney General
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21	Tuchard Mula
22	DIXON ARNETT
23	Executive Director Division of Medical Quality
24	Medical Board of California State of California
25	Complainant
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